the unsound of mind of to-day were among the well in the past, so the same of this year may be among the insane of the next, and those that are regarded as recent and curable now, at no distant period may be tabulated as chronic and incurable. Let us all, in this as in other things, do for others what we would wish done for ourselves.

A well organized staff for an Asylum for the Insane, containing 250 patients, should consist of a Superintendent and two Assistant Physicians. The Superintendent should nominate to the board of directors for their confirmation suitable persons to act as assistant physicians.

The necessity of a second assistant physician for this Asylum has long been felt, and especially during a portion of this year when the Superintendent and Assistant Physician were prostrated by an attack of sickness.

I respectfully suggest to your Excellency to call the attention of the next Legislature to the necessity of creating the office of Second Assistant Physician for this Asylum.

I have the honor to be,

Very respecfully,

Your obedient servant,

E. BURKE HAYWOOD, M. D.,

President, &c.

RALEIGH, December 15th, 1878.